

# Join a new kind of Senior Council

Advancing health equity while improving mental health and nutrition in your community

Humana  
Foundation



**The Humana Foundation is actively recruiting members of its Senior Council,** which serves as a focus group and advisory board for the Foundation's efforts to support seniors, veterans and youth in living connected, healthy lives.

This voluntary group of 12-15 established and emerging community leaders – both seniors 65+ and juniors/seniors in high school – have input in creating unique experiences that bring the Foundation's health equity mission to life.

**Applications are opening soon at**  
**[HumanaFoundation.org](https://www.humanafoundation.org).**

## What's the commitment?

- 2 hours/month, centered on quarterly meeting preparation, participation and follow-up
  - Ability to join remote and/or in-person meetings and engage via email
  - Ability to voice generational concerns and offer ideas and potential solutions
- 2-year term for juniors, 1-year term for seniors

## Am I eligible?

We're looking for high school juniors/seniors in Florida, Kentucky (Louisville), Louisiana and Texas with:

- Current and/or previous volunteer experience
- Proven track record of academic success and extracurricular leadership
- Passion for health equity or healthy communities
- Established connections to older generation
- Communications, program and/or policy interest preferred but not required
- Diverse backgrounds

## What's in it for me?\*

- Earn community service credit and resume-building experience
- Advise on Foundation partnerships, programs and creative activations responding to community needs
- Be featured on Humana's communications channels
- Network with changemakers at Humana and among nonprofit partners
- Build meaningful connections with peers and older generation

\*There's no compensation for Council membership; members may be reimbursed for expenses incurred on advisory business or have a charitable donation made in their name